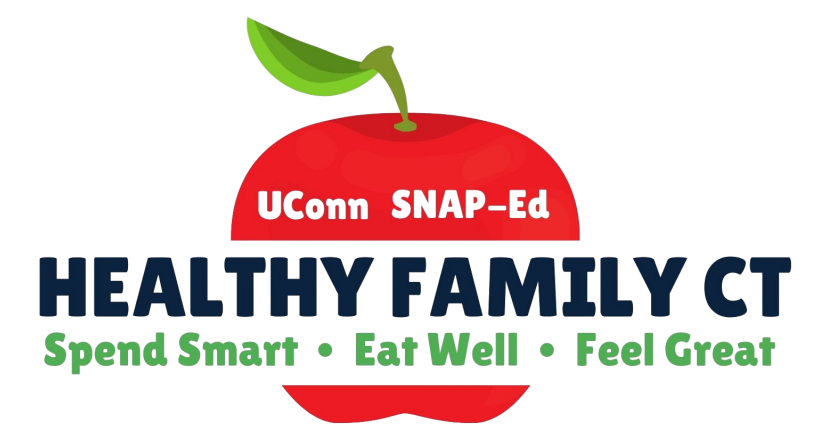


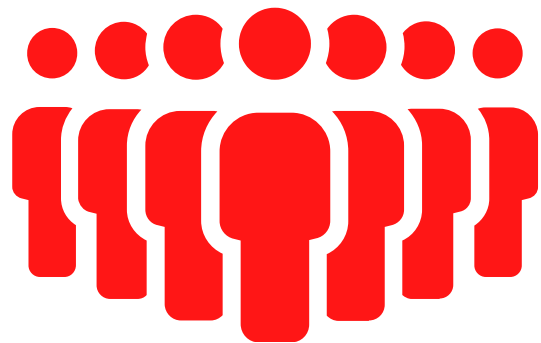
UConn Healthy Family CT SNAP–Ed Services to Connecticut Fiscal Year 2023 Impact Report



PROVIDING FACT–BASED FOOD AND NUTRITION INFORMATION
TO HELP FAMILIES MAKE INFORMED CHOICES!

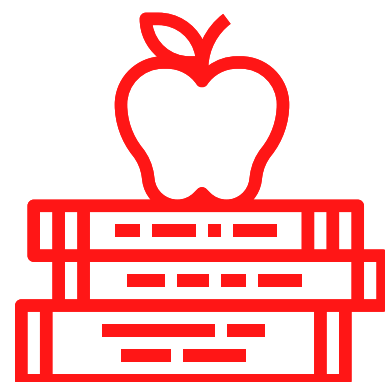
<https://healthyfamilyct.cahn.uconn.edu>

Our Impact



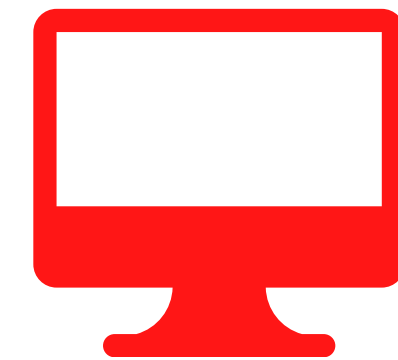
171,134

Total Participants Reached



483

**Educational
Sessions**



37

**Interactive
Multimedia Sessions**

Our Work

**HEALTHY FOOD
ACCESS**

338



338 adults, seniors and families in the Willimantic, CT area reached via nutrition education in schools, senior sites, farmers markets, CT Foodshare mobile pantries, and community events such as the Annual Fruit and Veggie Festival.

**COMMUNITY
PARTNERS**

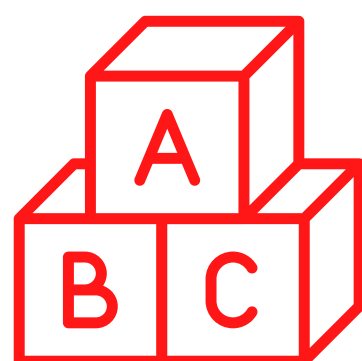
53,194



53,194 adults and seniors reached via work with community partners, including food pantries, CT Foodshare mobile pantries, farmers markets, Charter Oak Health Center, grocery stores, and senior sites.

PRESCHOOLS

15,184



15,184 preschoolers and parents reached via educational lessons at schools including nutrition dental lessons. and nutrition information sent home with preschoolers and via online surveys with tailored nutrition messages for preschool parents.

SCHOOLS

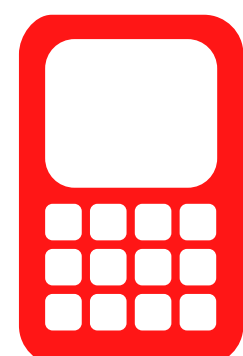
1,106



1,106 children and adolescents reached via interactive nutrition education lessons in schools, cafeteria tastings, and nutrition information sent home to caregivers.

**WEBSITE & SOCIAL
MEDIA PLATFORMS**

101,312



101,312 pageviews via fact-based food and nutrition information, recipes, and videos posted to the UConn Healthy Family CT website and social media platforms (Facebook, Instagram, Twitter).

This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP).

This institution is an equal opportunity provider.