

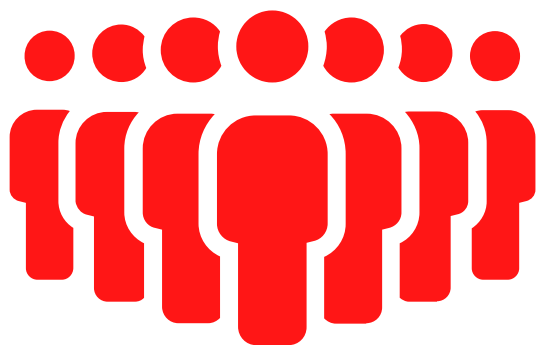
# UConn Healthy Family CT SNAP–Ed Services to Connecticut Fiscal Year 2024 Impact Report



Providing Fact-Based Food and Nutrition Information and Policy/System/  
Environmental (PSE) Changes to Help Families Spend Smart, Eat Well and Feel Great!  
<https://healthyfamilyct.cahn.uconn.edu>

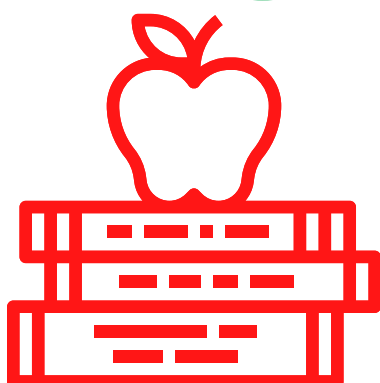
**Our Goal:** To improve access to healthy, affordable foods that fit into a limited budget and help individuals and families make healthy food choices to improve their diet quality and overall health.

## Our Impact



147,727

**Total Participants Reached**



411

**Educational Sessions**



114

**Community Sites**

## Our Work

**HEALTHY FOOD  
ACCESS**  
1,817



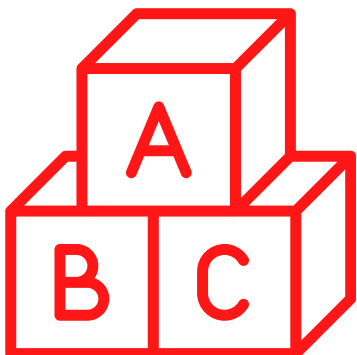
1817 adults, seniors, and families in Windham County reached via nutrition education in schools, food assistance/distribution sites (churches, public housing sites, soup kitchen, pantries), community and recreation centers, summer meal sites, garden events, and parks spaces. PSE work to leverage online resources to access affordable healthy food through Digital, Food and Nutrition literacy training and opportunities.

**COMMUNITY  
PARTNERS**  
43,188



43,188 adults and seniors reached via work with community partners at public housing sites, senior centers, food assistance sites, community centers, farmers markets, and grocery stores.

**PRESCHOOLS**  
5,963



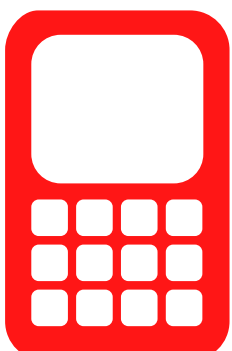
5,963 preschoolers and parents reached in preschool/Head Start/early learning programs, elementary schools, family resource centers, public libraries, grocery stores, and WIC clinics. In-person and tailored digital nutrition and dental lessons with parents and children.

**SCHOOLS**  
3,108



3,108 children and adolescents reached via interactive nutrition education lessons in schools, tailored messaging, cafeteria tastings, libraries, summer meal sites, dental offices, and nutrition information sent home to caregivers. PSE work increases grants to schools to offer Farm to School activities and increases Fresh Fruit and Vegetable Program nutrition education.

**WEBSITE & SOCIAL  
MEDIA PLATFORMS**  
93,651



93,651 total reach via fact-based food and nutrition information, recipes, and short videos posted to the UConn Healthy Family CT website and social media platforms (Facebook, Instagram).

This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP).  
This institution is an equal opportunity provider.